



Foreword

Obstacles = Opportunity

by Bob Proctor

When a person picks up something to read, generally the first thought that comes to their mind is “I hope this is a good book.” Linda Forsythe has made *sure* this is a good book. In *Walking With the Wise for Overcoming Obstacles*, Linda has brought together a number of excellent authors with stories you will like, and will want to refer back to a number of times because they will offer hope. If you are anything like me or most of the people I know, you are going to welcome the hope that these stories provide, because you are continually running into one challenging obstacle after another. It’s stories like these that provide the motivation, inspiration, and education required for us to meet and overcome every challenge.

Let’s face it – life happens, and sometimes the obstacles we face are downright scary. On a conscious level, there’s one part of our mind that tells us “we’re not going to get through this,” but deep down on another level, we know we will. Eventually we do and move on to another bigger and better obstacle. In truth, obstacles are nothing more than an illusion, typically self-imposed. Certainly, at the time we face the obstacle, it feels as real as a huge mountain in front of us. When I worked with Lloyd Conant, cofounder of the Nightingale Conant Corporation, Lloyd once told me that the most fortunate person alive, is the person with the biggest problem. Because that’s the person with the biggest opportunity! Lloyd was right. Life’s obstacles are put in our way as an opportunity to raise our level of consciousness, and when we do this, we see the beauty that was there all along.

I have known Linda Forsythe for a number of years, and there are many thousands of men and women who owe her a debt of gratitude – including you and me – for bringing us many of the greatest mentors in the world today. Cataloging their advice and then putting it in our hands, this book is an excellent example of the sage advice and practical solutions that can be used by the business leader and homemaker alike. You are especially going to appreciate the “how to” articles from a number of the mentors that you personally recognize. You will also love the heartwarming stories that come from people you may never have heard of, who share how they have overcome enormous challenges. All in all, cover to cover,

